

SUMMER 2006



All City Aquatics Schedule

June 26, 2006 - September 4, 2006

This brochure is provided as a quick reference guide. A more complete schedule of programs including swimming lessons is available at your neighborhood pool. For more information about other Seattle Parks and Recreation programs, policies and special events call the Recreation Information Office at 206-684-4075 or visit us online at www.seattle.gov/parks/aquatics/index.htm



MISSION:

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

| POOLS | PUBLIC SWIM | | FAMILY SWIM | | ADULT SWIM | |
|-------------------------|-------------|---------------------------------|----------------|-----------------------------|-------------|-----------------|
| BALLARD | Mon-Fri | 1:30-2:30pm | Tue | 7:30-8:30pm | Mon-Fri | 12:00-1:15pm |
| | Wed | 5:00-6:00pm | Sun | 4:30-5:30pm | Mon/Wed | 8:30-9:30pm |
| | Fri | 7:00-8:00pm | | | Sun | 5:30-7:00pm |
| | Sun | 2:00-3:00pm | | | | |
| COLMAN POOL | Mon-Sun | 1:45-4:45pm | Fri-Sun | (1/2 pool only) 5:00-7:00pm | | |
| EVANS-GREEN LAKE | Mon-Fri | 1:30-2:30pm | | | Mon-Sat | 12:00-1:30pm |
| | Tue/Thu/Fri | 7:00-8:00pm | | | Tue/Thu | 9:00-10:00pm |
| | Sat | 1:30-2:30pm | | | | |
| | Sat | 3:30-4:30pm | | | | |
| HELENE MADISON | Sun | 1:00-2:00pm | Sun | 3:30-5:00pm | Mon-Fri | 12:00-2:00pm |
| | Mon/Wed | 7:30-8:30pm | Sun | (shallow end) 5:00-6:00pm | Mon/Wed/Fri | 6:00-7:00pm |
| | Mon-Fri | 2:00-3:30pm | Mon-Thu | (shallow end) 3:30-4:30pm | Tue/Thu | 7:30-8:30pm |
| | Fri | 7:00-8:00pm | Fri | (shallow end) 6:00-7:00pm | Sun | 11:30am-1:00pm |
| MEADOWBROOK | | | | | Sun | 5:00-6:00pm |
| | Mon-Sat | 1:30-3:00pm | Tue/Thu | 7:00-8:00pm | Mon-Sat | 12:00-1:30pm |
| | Mon | (shallow 8-8:30pm) 7:30-8:30pm | Sat | 9:30-10:30am | Tue/Thu | 9:00-10:00pm |
| | Fri | 4:00-5:00pm | Sat | 4:30-5:30pm | | |
| MEDGAR EVERS | Fri | 7:30-8:30pm | | | | |
| | Mon-Sat | 1:30-2:50pm | Sat | 10:00-11:00am | Mon-Fri | 11:00-4:00pm |
| | Mon/Wed/Fri | 6:30-8:00pm | Tue,Thu,Fri | (shallow end) 12-1:00pm | Mon-Thu | 5:30-8:00pm |
| | Mon-Thu,Sa | (shallow end) 4:00-5:00pm | | | Fri | 5:30-6:30pm |
| MOUNGER | Fri | (shallow end) 4:00-5:30pm | | | Sat | 8:30am-5:00pm |
| | Daily | 1:00-2:25pm | Mon/Wed | 6:35-8:00pm | | |
| | Daily | 3:00-4:25pm | Fun Family Fri | 5:30-7:30pm | | |
| | Tue/Thu | 6:35-8:00pm | Sat/Sun | 5:30-7:00pm | | |
| QUEEN ANNE | Mon-Fri | 1:30-3:00pm | Sat | 3:30-4:30pm | Mon-Fri | 12:00-1:30pm |
| | Tue/Thu | (deep end open 8pm) 7:30-8:30pm | | | Tue/Thu | 3:00-4:00pm |
| | Sat | 1:30-2:30pm | | | Sat | 12:30-1:30pm |
| RAINIER BEACH | Mon-Fri | 2:30-3:30pm | Sun | (\$2.00) 1:30-2:30pm | Mon-Fri | 11:30-1:30pm |
| | Mon/Wed | 6:00-7:00pm | | | Sat/Sun | 12:00-1:30pm |
| | Fri | 5:30-7:00pm | | | Sat | 9:00-10:00am |
| | Sat | 1:30-3:30pm | | | | |
| | Sun | 2:30-4:30pm | | | | |
| SOUTHWEST | Mon/Wed/Fri | 1:30-3:00pm | Fri | 7:00-8:00pm | Mon-Fri | 12:00-1:30pm |
| | Mon/Wed | (shallow only) 7:30-8:30pm | Sun | 2:00-3:00pm | Sun | 11:00am-12:30pm |
| | Tue/Thu | 2:35-4:00pm | | | | |
| | Tue/Thu | 7:30-8:30pm | | | | |
| | Fri | 4:30-5:30pm | | | | |
| | Sat | 1:00-2:00pm | | | | |
| | Sun | 4:00-5:00pm | | | | |
| | | | | | | |

| POOLS | WATER FUN | | SENIOR ADULT SWIM | | SENIOR WATER EXERCISE | |
|-------------------------|--|---------------|---------------------------------------|-----------------------------|-----------------------|---------------------------|
| BALLARD | <i>Call about Diving Camp & Guard</i> | | <i>See Adult Swim times</i> | | Mon/Wed/Fri | 11:00am-12:00pm |
| | <i>Start Balloon Swims 7/21 & 8/18</i> | | | | | |
| COLMAN POOL | Water Slide avail. public/family swims \$1 | | | | | |
| EVANS-GREEN LAKE | Tue Teen Swim | 7:00-8:00pm | Mon-Sat | 12:00am-1:30pm | Mon-Fri | 10:00-11:00am |
| HELENE MADISON | | | Mon-Fri | 12:00-2:00pm | Mon/Wed | 12:00-1:00pm |
| | | | Tues/Thu | 7:30-8:30pm | | |
| | | | Sun | 11:30am-1:00pm | | |
| MEADOWBROOK | Mon/Fri (Pool Playland) | 10:00-11:00am | Mon-Sat | 12:00-1:30pm | Mon/Wed/Fri | Deep Water) 11:15-12:00pm |
| | Fri (Floatie Toy Swim) | 4:00-5:00pm | | | Tue/Thu | (Shallow) 11:15-12:00pm |
| | Friday Fun Nights | 7:30-8:30pm | | | | |
| MEDGAR EVERS | Pool Playland | | <i>See Adult & Lap Swim times</i> | | Mon/Wed | 12:00-1:00pm |
| | Tue,Thu,Fri | 12:00-1:00pm | | | | |
| | Dive In Movie 6/16,7/21,8/25 | 6:30-8:30pm | | | | |
| MOUNGER | Daily (Pool Playland) | 11:00-12:00pm | | | Tue/Thu/Sun | 11:00-12:00pm |
| | Fun Family Friday | 5:30-7:30pm | | | | |
| | Mon Teen Swim (ends 8/7) | 8:00-9:00pm | | | | |
| QUEEN ANNE | | | Mon-Fri | 12:00-1:30pm | Tue/Thu | 11:15am-12:00pm |
| | | | Sat | 11:30-12:30pm | | |
| | | | Tue/Thu | 3:00-4:00pm | | |
| RAINIER BEACH | | | | | Mon/Wed/Fri | 12:30-1:30pm |
| | | | | <i>Stretch & Flex →</i> | Mon/Wed/Fri | 11:30am-12:30pm |
| | | | | <i>Arthritis Program →</i> | Tue/Thu | 3:30-4:30pm |
| SOUTHWEST | | | Mon-Fri | 12:00-1:30pm | Tue/Thu | 1:30-2:15pm |
| | | | Sun | 11:00am-12:30pm | | |

| POOLS | LAP | | WATER EXERCISE | | MASTER WORKOUT | |
|-------------------------|-----------------|--------------------------|----------------|-------------------------|---|---------------|
| BALLARD | Mon-Fri | 2:30-3:30pm | Mon/Wed/Fri | 11:00-12:00pm | Mon/Wed | 7:30-8:30pm |
| | Thu | 7:30-8:30pm | Tue/Thu | 8:30-9:30pm | | |
| | Fri | 5:30-6:30pm | Sun | 1:00-2:00pm | | |
| | Sun | (4 Lanes) 11:30am-1:00pm | | | | |
| COLMAN POOL | Daily | 12:00-1:30pm | | | Mon-Thu | 6:00-7:00pm |
| | Daily | 5:00-7:00pm | | | Sat & Sun | 12:00-1:00pm |
| EVANS-GREEN LAKE | Mon-Thu | 5:30-6:30pm | Mon-Fri | 10:00-11:00am | Mon/Wed | 8:30-9:30pm |
| | Mon-Fri | 2:30-4:00pm | Tue/Thu | 8:00-9:00pm | | |
| | Mon/Wed/Fri | (3 lanes) 4:00-5:30pm | | | | |
| | Fri | 5:30-7:00pm | | | | |
| | Sat | 8:30-10:00am | | | | |
| | Sat | 4:30-5:30pm | | | | |
| HELENE MADISON | Mon-Fri | 12:00-2:00pm | Sun | 10:30-11:30pm | Sun | 10:30-11:30am |
| | Mon/Wed/Fri | 6:00-7:00pm | Mon/Wed | 12:00-1:00pm | Tue/Thu | 6:30-7:30pm |
| | Tue/Thu | 7:30-8:30pm | Tue/Thu | 7:00-8:00pm | | |
| | Sun | 11:30am-1:00pm | | | | |
| | Sun | 5:00-6:00pm | | | | |
| MEADOWBROOK | Mon/Wed/Fri/Sat | 5:30-6:30pm | | | Mon/Wed/Fri | 6:30-7:30pm |
| | Sat | 7:00-8:30am | | | | |
| MEDGAR EVERS | Mon-Fri | 11:00am-4:00pm | Tue/Thu | 7:00-8:00pm | Mon/Wed/Fri | 6:00-7:00am |
| | Mon-Thu | 5:30-8:00pm | Sat | 9:00-10:00am | Tue/Thu | 7:00-8:00pm |
| | Fri | 5:30-6:30pm | | | | |
| | Sat | 8:30am-5:00pm | | | | |
| MOUNGER | Daily | 12:00-1:00pm | Daily | 11:00-12:00pm | | |
| | Mon-Thu | 5:30-6:30pm | Tue/Thu | (ends 8/10) 8:00-9:00pm | | |
| | Mon-Fri | (6/19-8/25) 9:30-10:30am | | | | |
| | Fri/Sat/Sun | 4:30-5:30pm | | | | |
| QUEEN ANNE | Mon/Wed/Fri | 3:00-4:00pm | Mon/Wed | 7:00-8:00pm | Open Water Swim Training 4:00-5:00pm | |
| | Tue/Thu | 8:30-10:00pm | Tue/Thu | 11:15am-12:00pm | | |
| | Mon | 8:00-9:30pm | | | | |
| | Fri | 5:30-7:00pm | | | | |
| | Sat | 7:30-9:00am | | | | |
| | Sat | 4:30-5:30pm | | | | |
| RAINIER BEACH | Mon/Wed | 7:00-8:30pm | Mon/Wed/Fri | 12:30-1:30pm | | |
| | Tue/Thu | (3 lanes) 6:00-8:30pm | Mon/Wed/Fri | 7:00-8:00pm | | |
| | Fri | (3 lanes) 5:30-8:00pm | Tue/Thu | 7:30-8:30pm | | |
| | Sat | 9:00-10:00am | Sat | 9:00-10:00am | | |
| SOUTHWEST | Mon/Wed/Fri | 3:00-4:00pm | Tue/Thu | 8:30-9:30pm | | |
| | Mon/Wed | 5:30-6:30pm | | | | |
| | Tue/Thu | 5:00-6:00pm | | | | |
| | Fri | 5:30-7:00pm | | | | |
| | Sat | 12:00-1:00pm | | | | |
| | Sat | 9:30-10:30am | | | | |
| | Sun | 5:00-6:00pm | | | | |

| POOLS | EARLY MORNING LAP | | AQUA JOGGING | | HYDROFIT/DEEP WATER EX | |
|-------------------------|-----------------------------------|-------------------------|--------------|-----------------|------------------------|-------------------------|
| BALLARD | Mon-Fri | ★ 6:00-7:30am | Tue/Thu | 11:10am-11:55am | Tue/Thu | 8:40-9:25pm |
| | | | | | Sun | 1:10-1:55pm |
| COLMAN POOL | Call for possible times in August | | | | Tue/Thu | 5:00-5:45pm |
| EVANS-GREEN LAKE | Mon-Fri | ★ 6:00-7:30am | Mon/Wed/Fri | 10:00-10:45am | Mon/Tue/Thu/Fri/Sat | 10:00-10:45am |
| | | | Tue | 8:00-8:45pm | Thur | 8:00-8:45pm |
| HELENE MADISON | | | Fri | 12:00-12:45pm | Mon/Wed | 7:30-8:15pm |
| | | | | | Tue/Thu/Fri | 12:00-12:45pm |
| MEADOWBROOK | Mon-Fri | ★ 6:00-7:30pm | Mon-Thu | 8:00-8:45pm | Mon-Thu | 8:00-8:45pm |
| | | | Sat | 8:30-9:15am | Sat | 8:30-9:15am |
| MEDGAR EVERS | Mon/Wed/Fri | ★ 6:00-7:30am | Mon/Wed | 6:00-6:45pm | | |
| | | | Fri | 5:30-6:15pm | | |
| MOUNGER | Mon-Fri | (6/26-8/25) 6:00-7:30am | | | Mon/Wed/Fri/Sat | 11:00-11:45am |
| | Mon/Wed/Fri | (8/25-9/8) 6:00-8:00am | | | Tue/Thu | (ends 8/10) 8:00-8:45pm |
| QUEEN ANNE | Mon-Fri | ★ 6:00-7:30am | | | Mon/Wed | 11:15am-12:00pm |
| | | | | | Tue/Thu | 7:00-7:45pm |
| | | | | | Sat | 9:00-9:45am |
| RAINIER BEACH | | | Tue/Thu | 11:45am-12:30pm | | |
| SOUTHWEST | Mon/Wed/Fri | ★ 6:00-7:30am | | | Mon/Wed | 7:30-8:15pm |
| | | | | | Tue/Thu | 8:30-9:15pm |

★ Admission by Recreation Card, FAST Pass, exact change or check only.

INDOOR SWIMMING POOLS

| | | |
|----------------------|---|-----------------|
| Ballard | 1471 NW 67th <i>Served by Metro bus #15</i> | 684-4094 |
| Evans | 7201 E Green Lake Dr. N <i>Served by Metro bus #16, 26 & 48</i> | 684-4961 |
| Madison | 13401 Meridian Ave N <i>Served by Metro bus #317</i> | 684-4979 |
| Meadowbrook | 10515 35th NE <i>Served by Metro bus #65</i> | 684-4989 |
| Medgar Evers | 500 23rd Ave <i>Served by Metro bus #3, 4 & 48</i> | 684-4766 |
| Queen Anne | 1920 1st West <i>Served by Metro bus #3, 4 & 13</i> | 386-4282 |
| Rainier Beach | 8825 Rainier Ave <i>Served by Metro bus #7/36/42/49/106 & 107</i> | 386-1944 |
| Southwest | 2801 SW Thistle <i>Served by Metro bus #22</i> | 684-7440 |

2006 Indoor Pool Closures

Holidays

July 4 ----- Independence Day
 September 4 ----- Labor Day
 Colman and Mounger are open July 4 and September 4.

Closures

Ballard Pool ----- August 21 - November 3
 Meadowbrook ----- August 6—August 20
 Madison Pool ----- July 14 & 21st closed at 3:30pm
 See Summer Swim League Meet schedule for additional closures

2006 OUTDOOR POOLS

COLMAN POOL ----- 8603 Fauntleroy Way SW ----- **684-7494**

Served by Metro bus #34, 54, 116, 118 & 119

Colman is a unique 50 meter, heated, saltwater swimming pool located on the shores of Puget Sound in West Seattle's Lincoln Park.

Pre-season weekends: *May 27-29, June 3, 4, 10, 11*

Daily operation: *June 17- September 4*

Post-season weekends: *September 9 & 10*

NOTE: Colman will be closed for swim meets June 29-July 1 & July 14-16

MOUNGER POOL ----- 2535 32nd Avenue W -- **684-4708**

Served by Metro bus #19, 24, 31 & 33

Mounger is our newest swimming pool and is located in Magnolia.

Daily operation:May 13-Sept 10

Summer Beach Program, 2006

11:00 am to 7:00 pm weather permitting.

June 24 — September 4

- Madison Beach
- Matthews Beach
- Mt. Baker
- Seward Beach
- West Green Lake Beach

June 24— August 27

- East Green Lake Beach
- Madrona Beach
- Magnuson Beach
- Pritchard

RECREATION & LAP SWIMMING FEES

| | |
|---------------------------|--------|
| Youth (1-18) ----- | \$2.75 |
| Adult ----- | \$3.75 |
| Senior Adult (65+) ----- | \$2.75 |
| Special Populations ----- | \$2.75 |

FITNESS FEES

| | |
|--|---------|
| Water Exercise & Hydrofit ----- | \$4.50 |
| Senior Water Exercise ----- | \$2.75 |
| Masters Comp Train ----- | \$4.50 |
| Aqua Jogging ----- | \$4.50 |
| Recreation Swim Punch Card (\$22.00 value) ----- | \$20.00 |
| Fitness Swim Punch Card (\$33.00 value) ----- | \$30.00 |
| Adult FAST Pass (Monthly Pass) ----- | \$45.00 |
| Senior FAST Pass (Monthly Pass) ----- | \$35.00 |

Additional information available upon request.

VISA MASTERCARD AmerExpress

Emerald City Open Water Swim

Seward Park, Saturday, August 19th 9:00 am

For more information call 684-4766 or visit us online

Green Lake Open Water Swim

West Green Lake Beach, Sunday, June 25 9am

For more information call 684-4961 or visit us online

Open Water Swim Clinics

Madison Beach, August 9 & 16, 5:30-7pm

Learn how to swim in a crowd, swim straight, swim distance efficiently & swim in open water.

For more information call 684-4989 or visit us online

Most pools also offer stroke clinics

www.seattle.gov/parks/aquatics/openwater.htm

SUMMER SWIM LEAGUE MEETS

Regular pool programs will be cancelled on these dates:

Friday July 7 5:00-9:00pm

Medgar Evers

Friday July 14 5:00-9:00pm

Rainier Beach, Medgar Evers, Madison, Ballard

Friday July 21 5:00-9:00pm

Queen Anne, Southwest, Madison, Evans

Saturday July 29 All Day

Madison, Rainier Beach

Saturday August 5 All Day

Madison Pool

Big Three Wading Pools, 2006

June 17 — September 4

11:00am-8:00pm weather Permitting

- Green Lake
- Volunteer Park
- Lincoln Park

Plus many more locations....

Wading Pool Hotline #684-7796

